



Do you or your loved one have a spinal cord injury and problems with bladder function?

We're looking for people interested in joining our new study:

"Home Bladder Neuromodulation in Chronic Spinal Cord Injury"

You are invited to take part in this study if:

- You are 18-65 years old
- Have had a spinal cord injury (above T9 level) for more than 1 year and live in the North Island, New Zealand
- Have bladder problems and use clean intermittent catheterisation

What's involved?

Self-administration of non-invasive electrotherapy (TENS) and data collection of the bladder function (20 minutes/day) at your home for 4 weeks.

You will be asked to complete questionnaires about your spinal cord injury and urinary function.

You will provide feedback on the new intervention, any improvements and any side effects using a tele-trial study (mobile app, webpage, zoom meetings, video tutorials, and postal services).

For more information, please check this website:

www.neurotrial.auckland.ac.nz

(Please forward this link to your family and friends)

or contact: Sam Paritt

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This study is approved by Health and Disability Ethics Committee (21/STH/171)